

Kent | exp Services Inc.

“No contribution can be too small...”

This ‘Canstruction’ represents the four food groups required for a well-balanced diet: dairy, grain, vegetables/fruit, and meat/alternatives. It took over 4,000 cans to build these four structures. If each of our nearly 1 million Nova Scotians donated four cans, we could provide 1,000 times what you see here. With these cans, we could build a milk carton the size of a six-storey building. Imagine how many lives would be changed by donating just a few cans of food. It all starts with your “small” contribution.

Team: Cheryl Misener, Captain
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Special thanks to our other team members: Jean Kearley, Barb Gosse, Kevin Legacy, Heather Ash, Graham Bowlby, Bill Jones, Lisa Moore, Stacey Muise, Stephen Outerbridge, Stephen Pace, and Jessica Power.

